

ANNA GRANTA

Neurodiversity Coach

Anna Granta of Granta Coaching
37 Pearl Close
CB4 1QD
anna.granta@gmail.com

Coaching Agreement

What is coaching

As a coach I help you to make and achieve your goals. It is down to you to take the actions we discuss, no changes will happen unless you take action. I provide a non judgemental place to explore options and work out what actions you need to take to become happier and more satisfied.

It is important to understand that coaching is different to therapy. I am not a medically trained practitioner of any sort. If during our coaching session I feel that you require medical support, including for mental health then I will recommend you find an appropriately trained practitioner. I may recommend sources of medical advice if appropriate.

What services do I provide

Each session is 60 minutes long. Sessions are usually held at the same time each fortnight. However we may make a different arrangement by mutual agreement.

Confidentiality and privacy

I store notes about each session (such as the actions we agree to) on my secure, password protected computer in order to help me give you the best possible service. I will never share these notes unless required to do so by law.

I respect your confidentiality and agree not to disclose any information about you without your consent. This coaching relationship, as well as all information (documented or verbal) that the Client shares with the Coach as part of this relationship, is bound by the principles of confidentiality set forth in the ICF Code of Ethics. However, please be aware that the Coach-Client relationship is not considered a legally confidential relationship (like the medical and legal professions) and thus communications are not subject to the protection of any legally recognized privilege.

I will not disclose your name as a reference without your consent.

According to the ethics of our profession, topics may be anonymously and hypothetically shared with other coaching professionals for training, supervision, mentoring, evaluation, and for coach professional development and/or consultation purposes.

Conflict of interest

In the event that I discover a conflict of interest that could prevent me from acting in your best interests I will inform you of the conflict as soon as possible. I may also stop coaching you, depending on the nature of the conflict.

Right to cancel

You may end our coaching agreement at any time. Payment will be due for any sessions which you cancel with less than 24 hours notice.

Late arrival or failure to make an appointment

I will be available for the duration of our scheduled appointment. If you arrive more than 5 minutes late then your appointment will be cut short and will end at the usual time. If you do not attend an appointment this will be treated as a last minute cancelation and payment will be due.

By signing below, you signify that you agree with the information laid out in this document in full.

Client

Date

Coach

Date